

Gourmet Girls

GLUTEN FREE BAKERY/BISTRO
Lunch Menu

~SALADS~

Organic Mixed Greens House Made Fig Balsamic Vinaigrette 11.50

Brie, Toasted Pumpkin Seeds, Cranberries, Pears, Baguette

Add Grilled Chicken, Chicken or Tuna Salad 4.95

~SANDWICHES ETC~

Choose French Fries, Housemade Potato Chips, Cole Slaw,

Organic Mixed Greens, or Cucumber Salad

Fresh Fruit or Sweet Potato Fries Add \$ 1 Substitute a Cup of Soup Add \$ 2.5

Double Decker Grilled Cheese Carrot Sunflower Bread 12.50

Three Cheeses, Bacon, Avocado, Tomato

Chicken Salad Rosemary & Toasted Walnuts on Focaccia Roll 11.95

Sonoran Sandwich or Wrap on Flat Bread or Tortilla 13.25

Turkey, Bacon, Avocado, Tomato, Lettuce, Rosemary Mayo, Pesto

Tuna Melt 13.25

Wild Caught, Grilled Multi Grain, Cheddar, Avocado, Pickled Onion

Pan Fried Fish Sandwich Wild Caught Cod 12.75

Focaccia Roll, Tri Color Peppers, Onions, Housemade Dill Tartar Sauce

Reuben on "Rye" 13.25

Pastrami, Sauerkraut, Swiss, Housemade Thousand Island

*Grass Fed Beef Burger Double Check Ranch 1/3 pound 12.95

Add Avocado . Cheddar . 1.5 each Chiles . Grilled Onion 1 each

Fish & Chips Wild Caught Cod

Housemade Potato Chips, Cole Slaw, Dill Tartar Sauce 13.25

~DRINKS~

French Roast Coffee & Decaf - Iced Tea Lemonade - Hansen Sodas 3.5

Hard Ciders. Wine, Cocktails

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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www.gourmetgirlsglutenfree.com